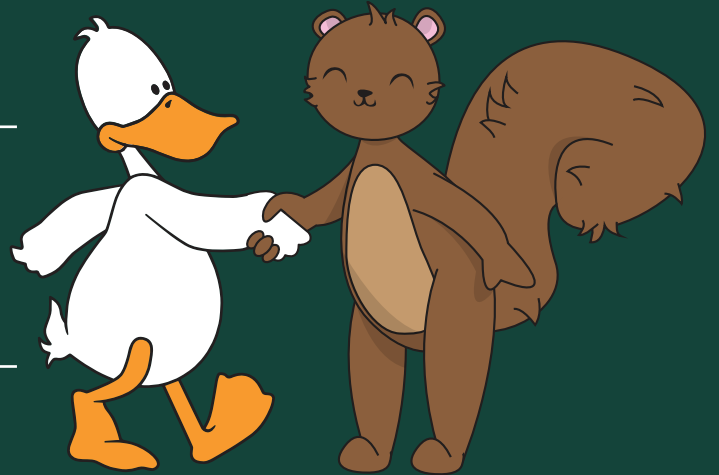


RELATIONSHIPS CAN BE CHALLENGING

Disagreements happen. Often, conflicts can be resolved early on through respectful conversation.

87% of MSU students reported that their social relationships are supportive and rewarding.¹



Some tips to keep in mind...

- **Communicate in person** and really listen; tone can get lost over text or email
- **Consider non-verbal cues:** Ensure your body language matches the message and tone you want to convey without becoming confrontational
- **Sharing a meal** is a great way to bond and can make communicating easier



Scan the QR code or visit **ossa.msu.edu/resolution-pathways** to find tips for conflict resolution from the Office of Student Support & Accountability.



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1. 2020 National College Health Assessment (NCHA III) N=1,457



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