

alternatives to **SEX** SONGS

**"Hey, Hey, Good Lookin',
whatcha got cookin'?"**

**How's about cookin'
something up with me"**

- Jimmy Buffet

**"Hey, Hey, Good Lookin',
whatcha got cookin'?"**

**How's about cookin'
something up with me"**

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**"I'm a genie in a bottle
baby, You gotta rub me
the right way, honey"**

- Christina Aguilera

INTIMACY IS UNIQUE

WHAT EXPRESSES
INTIMACY FOR ONE PERSON
MAY NOT BE INTIMATE
ENOUGH FOR ANOTHER AND
TOO INTIMATE FOR SOMEONE
ELSE.

VISIT THE CENTER FOR SEXUAL HEALTH PROMOTIONS AT
OLNH TO LEARN MORE ABOUT ALTERNATIVES TO SEX OR
OTHER HEALTH RELATED ISSUES

HOLDING HANDS CAN BE A VERY INTIMATE THING

IT CAN BE A WAY TO SHOW
YOUR PARTNER AFFECTION,
COMFORT OR PROTECTION.

SOMETIMES HOLDING HANDS IS
MORE SIGNIFICANT THAN OTHER
SEEMINGLY DEEPER EXPRES-
SIONS OF LOVE & ROMANCE.

IT CAN BE FUN TO INTEGRATE FOOD INTO FOREPLAY.

GOOD FOODS TO TRY:
STRAWBERRIES
WHIPPED CREAM
CHOCOLATE SYRUP
ICE CUBES

EXPLORE YOUR PARTNERS BODY WHILE GIVING THEM THE GIFT OF RELAXATION

CLOTHES ON OR OFF,
WHATEVER IS MORE COMFORT-
ABLE FOR YOU

EVERYONE LIKES A GOOD
BACK/HAND/FOOT/NECK RUB
FROM TIME TO TIME.

STILL LOOKING FOR THE PER- FECT WAY TO ENJOY INTIMATE TIME WITH YOUR PARTNER OTHER THAN INTERCOURSE?

- LEAVE A MESSAGE ON YOUR PARTNERS VOICEMAIL THAT WILL TURN THEM ON
- TAKE TURNS TALKING DIRTY
- MOAN/GROAN/YELL LOUDER THAN USUAL
- WHISPER SWEET NOTHINGS IN YOUR PARTNERS EAR (MAYBE WHERE THEY CAN'T RESPOND)

-OR-

TRY THIS!

Go for walk in the Beal
Botanical Gardens
or the 4H Gardens, holding hands
or walking arm-in-arm and enjoying
each other's company.

TRY THIS!

Place whipped cream on your
partners neck and a
strawberry in their
mouth ...
Kiss off the whipped cream
and then eat the
strawberry.

TRY THIS!

Surprise
your partner
after a long day by putting on
your favorite relaxing CD and
giving them a massage.

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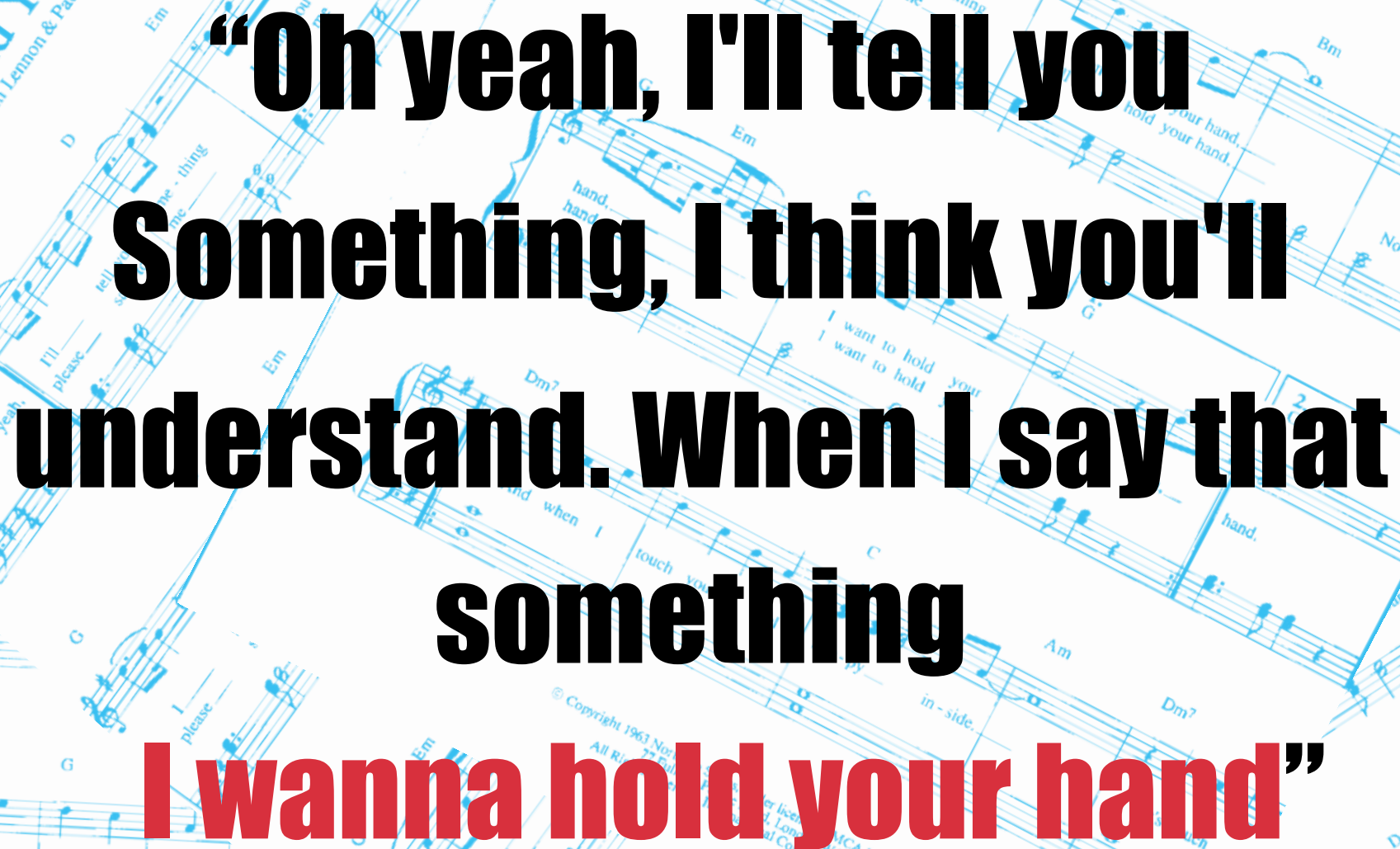
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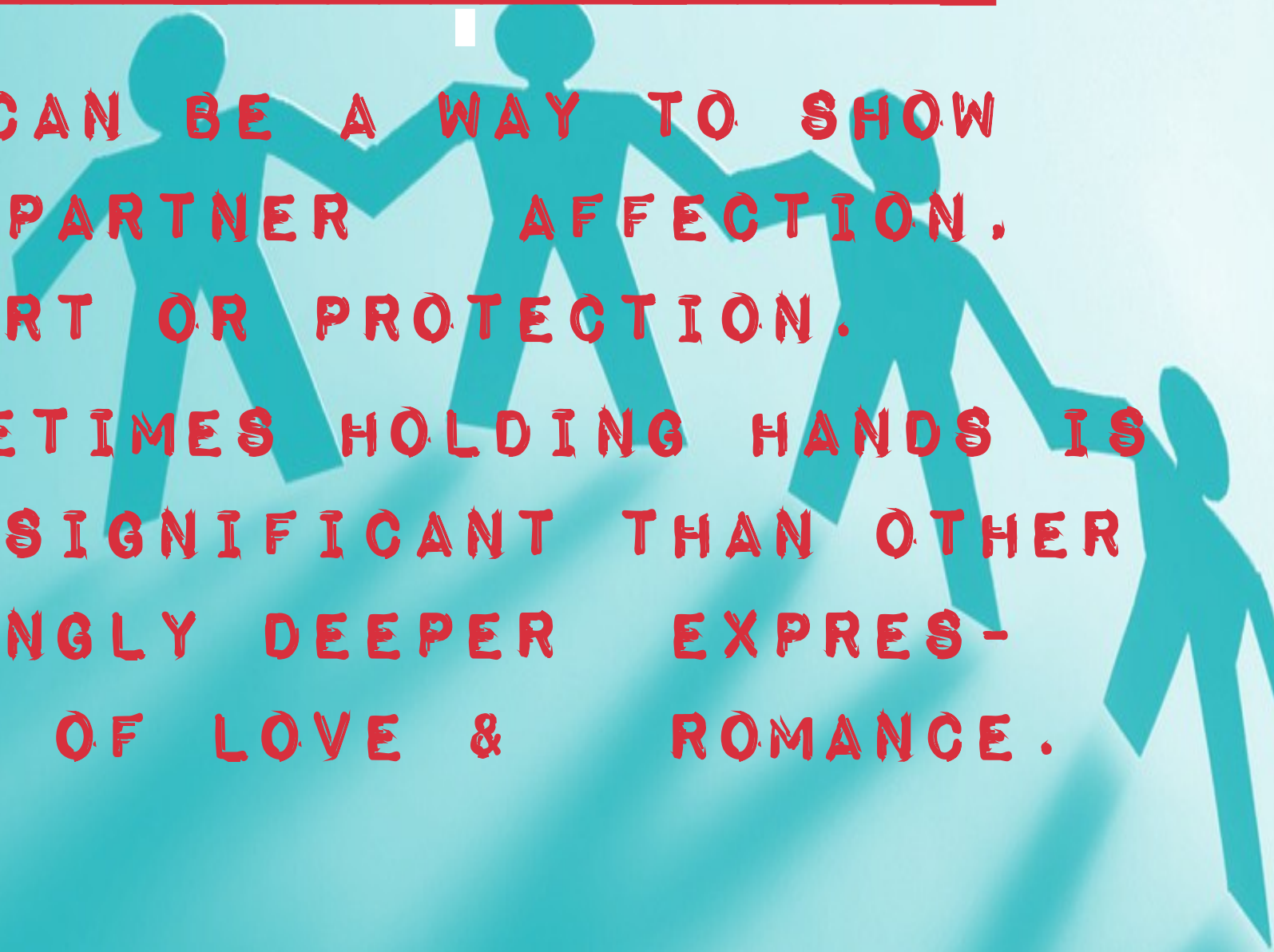
**“Oh yeah, I’ll tell you
Something, I think you’ll
understand. When I say that
something
I wanna hold your hand”**

- The Beatles

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VERY INTIMATE THING

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**“Hey, Hey, Good Lookin’,
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- Jimmy Buffet

The background of the slide features a close-up, slightly blurred image of several large, clear ice cubes. One ice cube is partially submerged in a glass of water, which has a white straw inserted into it. The overall color palette is a soft, muted blue, giving the slide a cool, refreshing feel.

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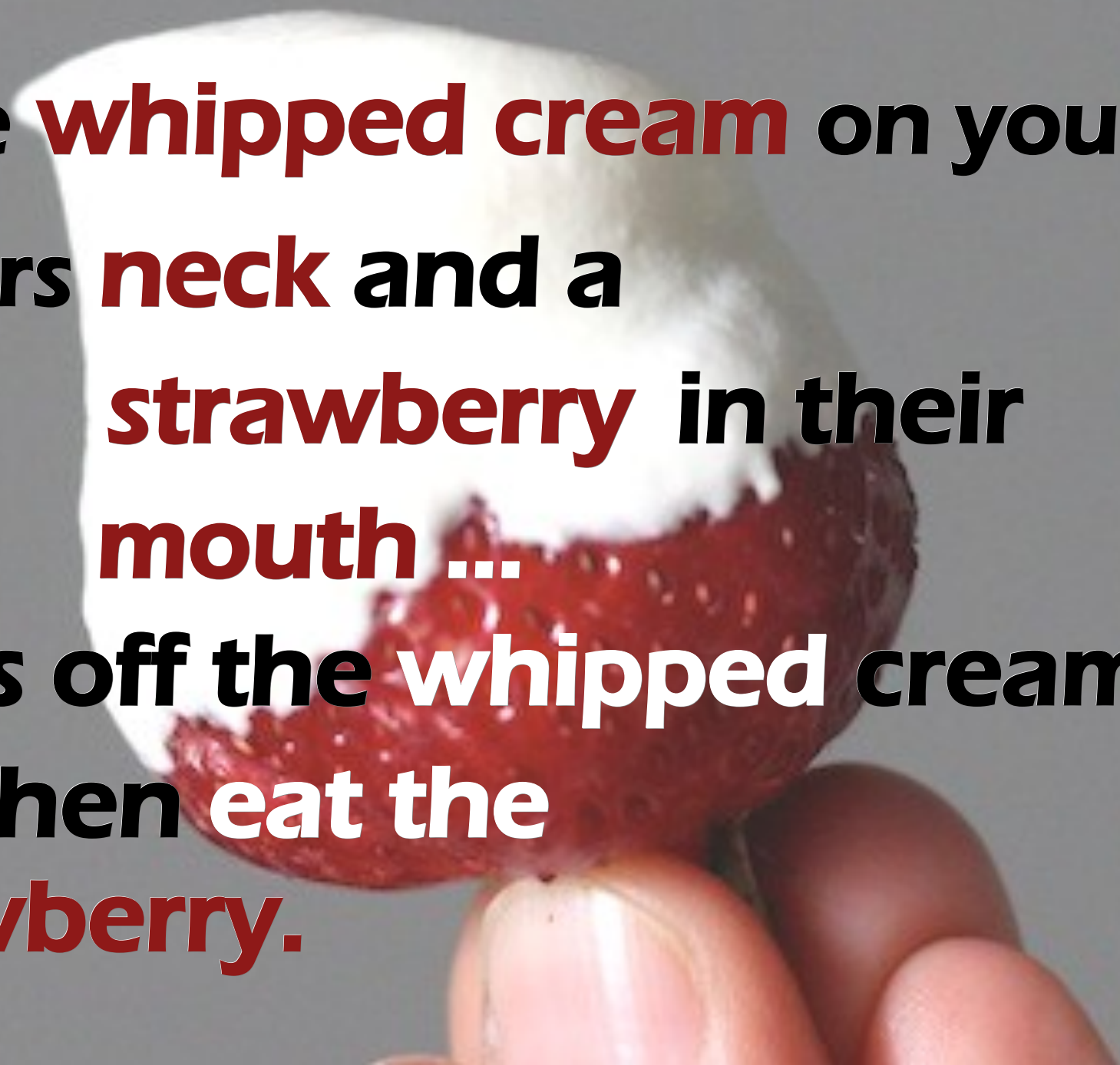
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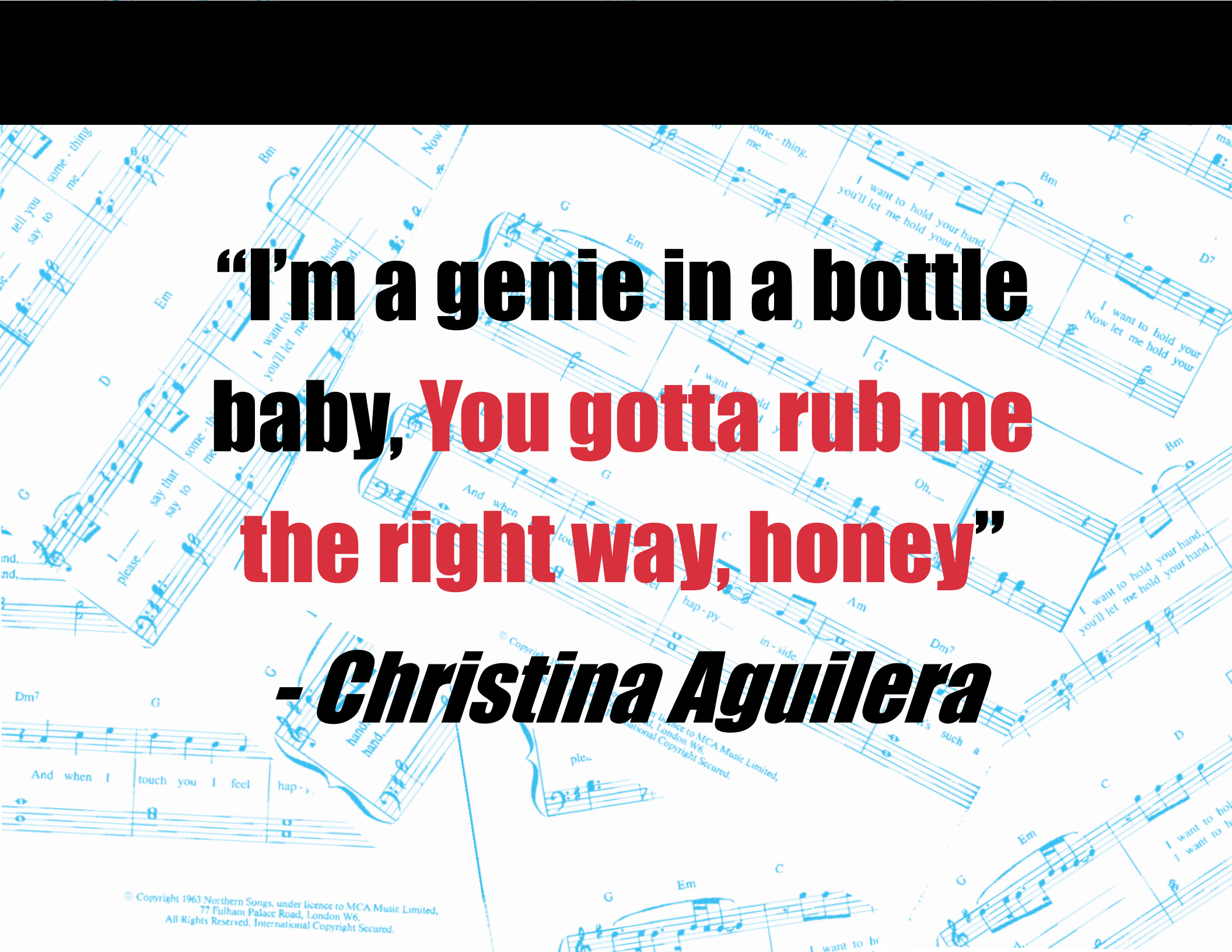
- STRAWBERRIES
- WHIPPED CREAM
- CHOCOLATE SYRUP
- ICE CUBES

TRY THIS!

Place **whipped cream** on your
partners **neck** and a
strawberry in their
mouth ...

Kiss off the whipped cream
and then eat the
strawberry.





**“I’m a genie in a bottle
baby, You gotta rub me
the right way, honey”**

- Christina Aguilera

The background of the entire image is a soft-focus photograph of two hands being massaged. One hand is visible on the left, with fingers spread, and another hand is on the right, with fingers pointing downwards. The skin tone is light, and the overall lighting is warm and gentle, creating a relaxing atmosphere.

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A close-up photograph of a person's feet resting on a green lawn with small white flowers. The person is wearing blue denim shorts. Their hands are positioned to massage their feet, with fingers gently pressing into the soles and sides of the feet. The scene is outdoors, and the lighting is natural.

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