

# The State of Spartan Health 2020

## Sexual Health

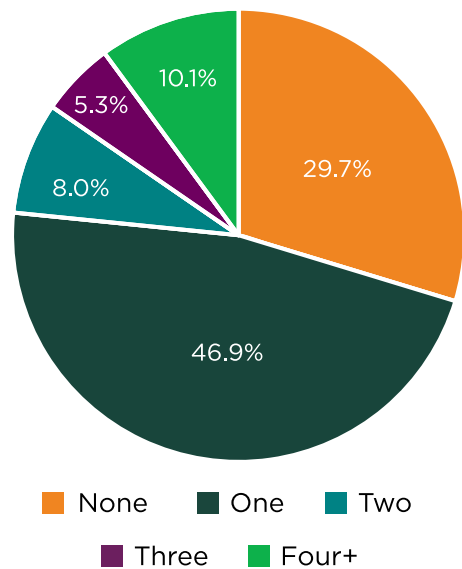
It's important to weigh the possible benefits and risks of being sexually active. To be healthy sexually is to maintain a balance with everything else in your life — your physical and emotional health, career and educational goals, relationships with other people, and your feelings about yourself.

If you're sexually active, select the contraceptive method right for you based on cost, effectiveness, ease of use and safety. Most STIs are curable or manageable — the key is early detection and treatment.

### Of MSU Students<sup>1</sup>:

- 30%** Reported having no sexual partners — meaning about 16,000 MSU students abstain from sex.
- 24%** Have been tested for HIV.
- .6%** Reported having unintentionally become pregnant or gotten someone else pregnant in the past 12 months.
- 85%** Used some form of contraception at last intercourse.

**Number of Sex Partners (Oral, Anal, Vaginal) Students Had in Past 12 Months (2020)**



### Campus Resources

**Condom Connection:** This program provides safer sex supplies via Resident Assistants (RAs) in the halls and at Student Health & Wellness locations.

**Bulletin Boards:** Topics including alternatives to sex, condoms, paths to safer sex, and STI expertise.

**STI Screening:** Testing for Sexually Transmitted Infections (STIs) is available in primary care and the Women's Health Clinic located in Olin Health Center. Be informed. Educate yourself about available contraceptive methods.

### Tips for Students

**MSU Student Health & Wellness** offers a variety of contraceptive methods. Call **(517) 353-4660** for an appointment to learn more.

Get free condoms and information on how to use them from the **MSU Health Promotion Department**.

Talk with your partner about safe sex and get tested for STIs like HIV annually or when you have a new sexual partner.

For more information, visit [healthpromotion.msu.edu](http://healthpromotion.msu.edu)