



# The State of Spartan Health 2022

## Sexual Health

It's important that students weigh the possible benefits and risks of being sexually active, being careful to maintain a balance with their physical and emotional health, their goals, other relationships and feelings about themselves.

Students who are sexually active should select the contraceptive methods that are right for them and be sure to be screened for sexually transmitted infections (STIs) as key strategies to maintain their sexual health.

### Of MSU Students:

**33%**

Reported having no sexual partners – up from 30% in 2020.

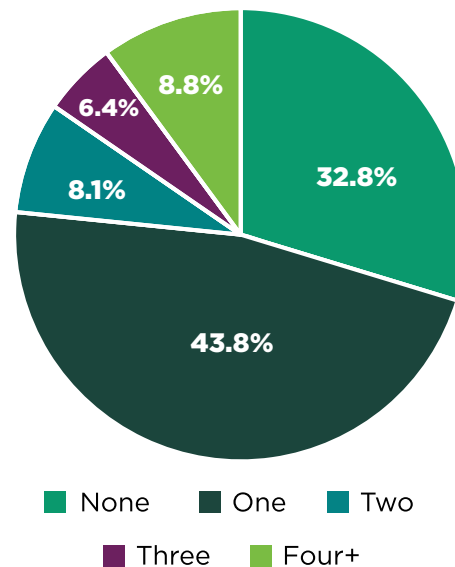
**81%**

Used some form of contraception the last time had intercourse.

**24%**

Have been tested for HIV.

**Number of Sex Partners (Oral, Anal, Vaginal) Students Had in Past 12 Months (2022)**



### What We're Watching

- Two out of three MSU students reported ever having vaginal intercourse. **Less than a half of one percent** of students reported unintentionally becoming or getting someone else pregnant in the past 12 months.
- Most students (about 77 percent) chose not to have oral, vaginal or anal sex or had **only one partner** in the past 12 months. More students reported having more than two partners in 2022 than in 2021, though the number decreased slightly each year in the preceding 10 years.

### Learn More

There is more where this came from! Scan the QR code below or visit [healthpromotion.msu.edu/data](https://healthpromotion.msu.edu/data) for data on topics like nutrition, fitness, emotional wellness and more.

