

Spartan Smart

Alcohol & Marijuana Education & Risk Management

Program Description

Spartan Smart is an alcohol and marijuana education course designed to meet the needs of students who have received a sanction through Michigan State University's Department of Student Life, or have otherwise been recommended to complete an alcohol/ marijuana education class. Spartan Smart provides an opportunity for MSU students to reflect on their own behaviors in a judgement-free environment.

Spartan Smart classes are typically divided into two, two-hour sessions on different days, though some classes are offered in one, four-hour session with a 1-hour break.

The interactive program provides basic education, risk management, values clarification and bystander intervention strategies. Sessions are limited to no more than 15 students.

Student Testimonials

"I liked how the class was informational, open, and honest vs. being condescending and shaming. I enjoyed it!"

"Great class; very helpful and not boring at all – I had a good time while learning important info."

"It was something I looked forward to after the first class. I learned life lessons."

"Definitely changed my views about alcohol and drugs."

"I think this class should be a requirement for all freshman."

Course Fee

The course fee is \$55, payable at the [following link](#). Paying for the class at this link will also register you for your chosen class.

Attendance Policy

It is important that students contact the Health Promotion Department at least 24 hours in advance to cancel or reschedule a session. Students who miss a session without prior notification will have to re-enroll and pay the course fee again in order to complete the course. Students who arrive later than 15 minutes will be asked to register for another course.

Confidentiality and Completion

At the end of the second session, students will receive a sealed letter verifying completion along with a copy for their personal record. Information shared in this letter will be limited to student name, date of birth, and date of completion. It is the responsibility of the student to provide this documentation to the referral source. Health Promotion will not disclose any student information without a signed *Release of Information* form.

Enrollment

Register for Spartan Smart online at olin.msu.edu/spartansmart. For more information contact Cara Ludlow at cara.ludlow@hc.msu.edu or 517-884-6598.