

## **ELDERCARE RESOURCES**

The WorkLife Office, Health Promotion, and Health4U units have been realigned to form the Health Promotion and Engagement Team. Along with The Resource Center for Persons with Disabilities, these two teams will comprise Health Promotion, Engagement, Accessibility, and Accommodation (HPEAA) within University Health and Wellbeing (UHW). Due to the reintegration of WorkLife into University Health and Wellbeing, we are unable to conduct consultations at this time.

## TRI-COUNTY OFFICE ON AGING (TCOA)

- The Tri-County Office on Aging (TCOA) is an excellent, comprehensive resource that helps older adults, persons with disabilities, and their families. Their services include caregiver support, case coordination, education on navigating Medicare and Medicaid, and crisis services for the elderly.
- Their <u>Caregiver Support</u> services include dementia counseling, caregiver workshops, resources and communication tools.
- Phone Number: 517-887-1440

## AGE ALIVE: MSU AGING RESEARCH AND EDUCATION CENTER

- Age Alive is within the MSU department of Family and Community Medicine. They are dedicated to building a communications network, and community partnerships that bring people together by embracing all ages and shattering ageism.
- Phone Number: (517) 353-8814
- Email Address: agealive@msu.edu

## STATE OF MICHIGAN- HEALTH AND HUMAN SERVICES

- They offer <u>Aging Services</u> including caregiver assistance, respite care, community services and education, and nutrition programs. Some programs are based on income, but some are based specifically on Medicare enrollment, so regardless of income, your parent may potentially qualify for some state run programs.
- <u>Search</u> for Aging Services in your area
- Program of All-Inclusive Care for the Elderly (PACE)